



JC Sports Performance will be in town!



#jcsportperformance

What!? For Real!?

YES!

JC Sports Performance will provide four sessions categorized below

- **When: Aug 19-22nd**
- **Where: Small GYM @ CSD**
- **Who: ANYONE can participate! Will accept participants on a first-come, first-serve basis!**

Four Sessions:

3:15-4:15P Middle School Athletes

4:30-5:30P Girls High School Athletes

5:45-6:45P Boys High School Athletes

7:00-8:00P Open to ****Public****

(See asterisk below for more information)

****Donation of 10 dollars to support the Athletics Program will be appreciated!****

No cost for CSD students

To reserve a spot with JC Sports Performance, please email to jdike-johnson@c sdf-cde.ca.gov.
Limited space up to 30 participants!